

Jackson Recreation Department  
2016 Fall Adult Volleyball Rules

1. Time:

A. According to schedule, forfeit time is game time (first game). A 10 minute grace period is permitted for each addition game. Match will begin when a full team is present.

B. Match time limit is 1 hour. If time runs out, a winner shall be determined winning by at least two points. A third game is guaranteed 5 minutes of play. Timed clock will stop for time outs (30 seconds). Teams are allowed ONE time out during timed games of 5 minutes.

C. Warm-up time is 10 minutes before your start time. If games run into your start time, you will have at least 5 minutes to warm-up, if needed. Please, no warm-ups during other matches.

D. Time between games will be as short as possible.

2. Serve and Scoring:

A. Teams listed first, serves first.

B. Teams listed second have call for third game, serve or side.

C. All games will be rally scoring. The first two games will be to a score of 25, win by 2 up to 27 points, with a third game (if necessary) be to a score of 15, win by 2 up to 17 points.

3. Line-Up:

A. Each team is required to fill out a line-up in proper rotation before the match begins.

B. A team shall consist of 6 players. Games may be played with 4 players; however, 6 players must be listed on the line-up sheet. If a player is not present at the time of service, a side-out and point for the other team shall be awarded.

4. Substitutions:

A. Teams will have the option to rotate players into the game at the LF or RB.

B. There are unlimited substitutions.

5. Net:

- A. Coed will play on a men's height net of 8'.
  - B. Contact of any part of the net or its supports while the ball is in play, except with long hair, is not allowed.
6. Crossing the Center Line:
- A. A player may step on the centerline, but may not completely cross the line while the ball is in play. Any part of the player's body may be beyond the centerline if he does not interfere with the opponent's play.
7. Net Services:
- A. The net is now an integral part of the game. The ball may touch the net while crossing it.
8. Line Judge:
- A. There will be no line judge, only the head referee.
9. League Format:
- A. One week practice.
  - B. (5) Weeks round robin play
  - C. (2) weeks single elimination finals. All teams seeded.
  - D. Matches consist of 2 games to 25 points. Must win by 2. A third game is then played to 15 points with a cap at 17 points.
10. Standings:
- League standings will be determined by most games won. If a tie exists, head to head competition shall determine a winner.
11. Play-Off Seeding:
- Play off seeding will be according to round-robin standings. Generally all teams will be seeded to the play-off schedule. This means all teams are in contention for league championship regardless of round-robin competition.

12. Conduct:

A. All decisions by the head referee are final. Arguing or any aggressive behavior will not be tolerated and will result in suspension from league.

B. No foul language of any kind will be permitted.

C. Any disciplinary action will be handled by the league director. If participant wishes to appeal, that must be handled through the Jackson Parks and Recreation Department directly.

D. The league director should be contacted immediately for any questions or concerns about a match.

13. League Fees:

Each team must pay an entry fee of \$200 by October 28<sup>th</sup>.

**League Divisions:**

**Level One: Tuesday Nights at Boos Center**

**Level Two: Tuesday Nights at King Center**

# JACKSON REC DEPT

2016 Fall Coed Volleyball  
Tuesdays



November 8  
through

December 20

COST: \$200 per team

All games played at Boos  
and King Centers

## JACKSON RECREATION DEPARTMENT 2016 VOLLEYBALL LEAGUE ROSTER

Team Name \_\_\_\_\_ Team Manager \_\_\_\_\_  
 Manager's Address \_\_\_\_\_ ZIP \_\_\_\_\_ Phone \_\_\_\_\_

	Players Name	Signature	Address	Phone	City Res.	City Sup.	Non Res.
1							
2							
3							
4							
5							
6							
7							
8							
9							

I agree to play for the team named above for the 2016 Volleyball Season. I will abide by the Rules and Regulations of the Jackson Recreation Department. I agree to release the Jackson Recreation Department, the City of Jackson and Sponsor(s) of this team from all liabilities, from any and all injuries sustained by me while playing, practicing, or traveling with the above mentioned team during the season.